/101 cont./

317 438 439 [487] Among the economic determinants that make the mountain depend on the plain, let us mention in the very first place salt (2).

2. The salt route is as important for the montagnards as, on an entirely different scale, that of spices was for the medieval Occident: at bottom a question of cuisine!

[262] [263] In nourishment based on flat cakes and porridge, the importance of condiments is considerable. It is not exaggerating to see in this, much more than in the cereals, the most imperious servitude of the montagnard with regard to the outside. By food, in fact, the whole balance of family life is affected: potent motive, although originating from obscure causes toward which observation is too rarely inclined. The Seksawa mountain is destitute of salt. [443] Even today it is seen in huge /102/ whitish or pink piles at the souq /sook/ of Imintanout. It comes from the Idaw Isaren, in H'šh'a, and from the far-away lagoons of the Inzzlyma, called by us "Lac Zima." Two qualities, one of which, very bitter to the taste, is naturally preferred by the montagnards for their animals and themselves. If therefore, classical method in the old Moroccan chronicles, the power of the plain blockades the Seksawa, or hems them in at the border markets, it is the salt route that it cuts for them, even more harshly than that of barley (1).

1. An example, dating from the beginning of the eighteenth century, in Justinard, La Rihla du Marabout de Tasaft /The Rihla of the Marabout of Tasaft/, 1940, pp. 37 sq.

243 In fact, the high valleys devote to cereal cultivation a portion that astonishes us, because it involves what would appear, in a strict economy, as a waste of land and water, and especially of labor. But they gain from it what we might call a flywheel /Fr. volant/ of security. Cereal cultivation with great expense, with great feelings: one will see all that such feelings can have to be

[Ait Lh'sen]

241 /253 cont./ Nothing is lacking of the
796 sampling of the products of the soil, not even the henna intended for the women of the zaouia, or the "marjoram," lh'baq (3).

[986]
[263]

3. It is not without interest that toward the middle of the nineteenth century the archives of our consulate of Mogador mention important quantities of marjoram in the movement of exportation. By whom was it ordered, and was it indeed a matter of h'baq?

utilized in certain drinks and which is /254/ cultivated in flowerpots. The cens properly speaking consists of a portion of the harvest, or rather of its monetary equivalent. It is paid at the
[221] lkhrif, a pause from the agricultural tasks and from economic activities in general, which separates the harvest from the next tillage. It is the period when the peasant community recovers its breath.

794 Besides these annual rhythms, of interest to the whole of the
796 population, and which both imply and promote unanimity, there
533 are others more limited and concerning a professional group, the t't'olba. The latter carry out each week, in certain mosques, a psalmody of the entire Koran. This makes 12 series of 5 h'izb-s or "sections" each, and which are recited either in chorus and successively or simultaneously by teams. The operation bears
[574] the name of ttefrik. The conclusion gives rise to an agape, sslukt, where the alimentary feasting is joined with orthodox religious exaltation in an atmosphere both ecstatic and municipal. Under the circumstances, the complex personage of the t't'aleb gives himself up to all the effervescence of a soul whose energy is then freed from the sanctimonious reserve to which it is confined the rest of the time. A hitherto sly force bursts forth. The psalmody is finished in phrases of a strange falsetto, very impressive to hear. These vocalizations are translated locally by the Arabic verb